

# PRE-NCYC HANDOUT

## READING

### EXODUS 3:1-16

“Meanwhile, Moses was tending the flock of his father-in-law Jethro, the priest of Midian. Leading the flock beyond the wilderness, he came to the mountain of God, Horeb. There the angel of the LORD appeared to him as fire flaming out of a bush. When he looked, although the bush was on fire, it was not being consumed. So Moses decided, “I must turn aside to look at this remarkable sight. Why does the bush not burn up?”

When the LORD saw that he had turned aside to look, God called out to him from the bush: Moses! Moses! He answered, “Here I am.” God said: Do not come near! Remove your sandals from your feet, for the place where you stand is holy ground. I am the God of your father, he continued, the God of Abraham, the God of Isaac, and the God of Jacob.

Moses hid his face, for he was afraid to look at God. But the LORD said: I have witnessed the affliction of my people in Egypt and have heard their cry against their taskmasters, so I know well what they are suffering. Therefore, I have come down to rescue them from the power of the Egyptians and lead them up from that land into a good and spacious land, a land flowing with milk and honey, the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Gergashites, the Hivites, and the Jebusites. Now indeed the outcry of the Israelites has reached me, and I have seen how the Egyptians are oppressing them. Now, go! I am sending you to Pharaoh to bring my people, the Israelites, out of Egypt.

But Moses said to God, “Who am I that I should go to Pharaoh and bring the Israelites out of Egypt?” God answered: I will be with you; and this will be your sign that I have sent you. When you have brought the people out of Egypt, you will serve God at this mountain.

“But,” said Moses to God, “if I go to the Israelites and say to them, ‘The God of your ancestors has sent me to you,’ and they ask me, ‘What is his name?’ what do I tell them?” God replied to Moses: I am who I am. Then he added: This is what you will tell the Israelites: I AM has sent me to you.

God spoke further to Moses: This is what you will say to the Israelites: The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you. This is my name forever; this is my title for all generations. Go and gather the elders of the Israelites, and tell them, The LORD, the God of your ancestors, the God of Abraham, Isaac, and Jacob, has appeared to me and said: I have observed you and what is being done to you in Egypt.”



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## LECTIO DIVINA

**Lectio (Reading):** The first volunteer reads the scripture passage.

- Does a particular word or phrase speak to you?

**Meditatio (Meditation):** The second volunteer reads the scripture passage.

- Do you feel disconnected with your parents, friends, or at your school? If so, explain how.
- Do you feel unworthy? What happened when this unworthiness started?
- Do you feel unsure or lost? What is the biggest struggle you are facing right now to make you feel unsure or lost?
- Do you feel broken? How is this brokenness affecting your life?
- Do you feel without purpose? Where do you feel God calling you to in your life?

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**Oratio (Prayer):** The third volunteer reads the scripture passage.

- Regarding the things that you shared, what is God saying to you in the scripture passage?
  
- After sharing, take some time in prayer and begin to think about what you want to say to God.

**Contemplatio (Contemplation):** The fourth volunteer reads the scripture passage. Take some time to sit with God's presence and all that was revealed to you through His Word.



# POST-NCYC HANDOUT

## READING

### EXODUS 3:1-16

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Moses hid his face, for he was afraid to look at God. But the LORD said: I have witnessed the affliction of my people in Egypt and have heard their cry against their taskmasters, so I know well what they are suffering. Therefore I have come down to rescue them from the power of the Egyptians and lead them up from that land into a good and spacious land, a land flowing with milk and honey, the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Gergashites, the Hivites and the Jebusites. Now indeed the outcry of the Israelites has reached me, and I have seen how the Egyptians are oppressing them. Now, go! I am sending you to Pharaoh to bring my people, the Israelites, out of Egypt.

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# POST-NCYC HANDOUT

## LECTIO DIVINA

### **Lectio (Reading):**

- After reading the scripture passage, does a word or phrase speak to you?

### **Meditatio (Meditation):**

- After reading the scripture passage for a second time, what is God saying to you?

### **Oratio (Prayer):**

- After reading the scripture passage for a third time, what do you want to say to God?

### **Contemplatio (Contemplation):**

- After reading the scripture passage for the last time, take some time to sit with God's presence and all that was revealed to you through His Word.

### **Reflection**

- I was disconnected; Baptism chose me for Christ by...
- I was feeling unworthy. Eucharist transformed my understanding of...
- I felt unsure or lost. I am anointed with the gift of \_\_\_\_\_ through Confirmation.
- I was broken. Through Reconciliation, I am now healed from...
- I felt without purpose. I now feel called to...